

# BuckhurstHill

Parish Council Magazine **Spring 2017**

News and views from around Buckhurst Hill

## Visit the Playgrounds!

The Parish Council manages and maintains 2 playgrounds. One at Kings Place which is in a delightful setting within Epping Forest. The other is on the Recreation Ground accessed from Roding Lane or Rous Road; close by is the Ball Court. Both playgrounds cater for children under 12 who should always be accompanied by a responsible adult for whom there is seating inside the playground or nearby. We hope that you enjoy and regularly visit.



Kings Place



Recreation Ground

The Recreation Ground was opened in 2008 and Kings Place in 2010. The general life of play equipment is about 15 years and the Council is already starting to put aside monies for the future and will also apply for grants. Having been well used over the years there has inevitably been damage and most regrettably vandalism, and repairs are required on a regular basis. So far this year we have spent £3,740 on repairs and maintenance. The playgrounds are regularly inspected and we are grateful to residents who let us know of day to day issues eg broken glass. If you have any concerns please contact us on 020 8498 9933 or email [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)

## Relocation Relocation Relocation

The Parish Office Team is temporarily being relocated while remedial works are carried out in the Library particularly in our current work area. The Library 'Self Service' will still operate with the Volunteers on Mondays and Wednesdays and a member of the Parish Office Team will also be on site on those days. Telephone and

email contact will remain unchanged. If you do need to see someone from the Team particularly on Tuesday or Thursday it would be advisable to make an appointment to avoid a wasted journey. We seek to keep our service disruption to a minimum and thank you for your patience and understanding.

BUCKHURST HILL PARISH COUNCIL PRESENTS

## COMMUNITY CINEMA

3.00PM



7.00PM



**Roding Valley Hall**  
**Saturday 22 April 2017**

Free to all local residents but tickets must be booked in advance

Snacks and Refreshments available to purchase

For further information and to book your tickets email [film@buckhursthillpc.gov.uk](mailto:film@buckhursthillpc.gov.uk) or call 020 8498 9933

Donations for the Chairman's Charity - Carers UK will be gratefully received

The Council is considering a replacement for the playground that was accessed from **Hornbeam Road**. It may be in a different area but will definitely be for recreational purposes and doesn't have to be for children.

We'd be grateful for your thoughts and comments as to what we could do for the future in providing an additional amenity.

Email us at  
**[office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)**

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# HALLS FOR HIRE

Our two community halls are available to hire for a range of uses including Parties, Meetings, Groups and Wedding Receptions.

## RODING VALLEY HALL

A traditional 1930s hall with a sprung wooden floor and stage. Its maximum capacity is 185 people with parking for 39 cars.



## WOOLLARD CENTRE

A large hall with a maximum capacity of 225 people. It has two other rooms, each with a capacity of 25, and parking for 10 cars.



More details: [www.buckhursthillpc.gov.uk](http://www.buckhursthillpc.gov.uk) [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk) 020 8498 9933

## HALLS AVAILABILITY

Our 2 community halls currently have the following slots available for regular hire:

■ Roding Valley Hall ■ Woollard Centre (main hall)

	Morning		Afternoon		Evening	
Monday	Woollard		Woollard			
Tuesday			Woollard		Roding	
Wednesday	Woollard		Woollard		Roding	
Thursday	Roding		Woollard		Roding	
Friday	Roding	Woollard	Roding	Woollard	Roding	Woollard
Saturday	Woollard		Roding	Woollard	Roding	Woollard
Sunday	Woollard		Roding	Woollard		

Woollard Centre Meeting Rooms: Available Tuesday to Saturday  
Enquiries for single hire – eg parties – always welcome



## From the Chairman

I am delighted to report that for the fifth year running the Parish Council has been able to freeze the precept. Councillors recently unanimously agreed to do this meaning that the Parish Council's share of a Band D Council Tax Bill remains unchanged at £68.89.

We also recently followed-up on the new Police & Crime Commissioner's stated aim of providing a Police Special Constable in every community in Essex by writing to him and "putting down our marker". To our delight, we were contacted shortly afterwards by Essex Police who expressed their interest in talking to us about recruiting a "Special" for Buckhurst Hill. As a consequence, we had a meeting with Essex Police who told us that as a result of our perseverance, they will be looking at delivering a "Special" in Buckhurst Hill as one of the first group of Parishes to be provided. They will be looking to recruit someone from the Buckhurst Hill community and have already asked if we would assist in the recruitment process; naturally we said that we would. We will make more information available on this as soon as we can.

Everyone would agree that speeding traffic is both prolific on our local roads and is having a detrimental impact on Buckhurst Hill. We constantly lobby Essex Police and other agencies for the introduction of various traffic calming measures and will continue to do so but, in parallel to our endeavours, we are also in the process of setting-up a SpeedWatch scheme here in Buckhurst Hill. So if you can spare a few hours on a regular basis, why not volunteer to be part of our SpeedWatch team. If you would like to help on want more information contact us on 020 8498 9933 or email to [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk).

The 2016 Christmas in Queens Road event was a big success. Once again hundreds of people turned up to witness the switching on of the lights and to enjoy all the festivities taking place. You can see the photographs inside the back page. I would like to take this opportunity to thank both the Buckhurst Hill Residents' Society and the Buckhurst Hill Village Forum, our partners in staging this event, for all their



## Recreation and Community Committee

I have chaired this Committee for approximately 8 months and have greatly enjoyed the focus of our work.

The Committee has 8 members with my Vice Chairman being Cllr Glenys Reynolds.

Typically, our agenda includes an item that invites Public Participation whereby any resident who wishes to raise an issue in Buckhurst Hill or merely wishes to take an interest can do so. We allocate 15 minutes for this item allowing 3 minutes for each speaker.

We note letters from the public and communications with and maybe create an agenda item at a future meeting if it is deemed by the Committee.

We are careful to scrutinise our budget

and ensure that our community activities lay within our budget.

The items we discuss thereof are:

- Recreational Areas
- Playgrounds and their maintenance and safety
- Open Spaces such as the Open Spaces, the parks and planting in Queens Road
- General Amenities for example update on Benches, Bus Shelters, Planters and Salt Bins
- Buckhurst Hill has 5 Allotment sites which are enthusiastically well kept and unique to each individual who gains pleasure from their allotment.
- Our Community Cinema is a favourite

with families which is shown at Roding Valley Hall. A film for children in the afternoon on a Saturday and one for the adults in the evening. It is well received.

Other items are up for discussion depending on the time of year, for example Carols at Christmas, Christmas events in Queens Road and we often combine with the Residents' Society for these events.

I very much enjoy chairing the Recreation and Community Committee as it has a focus on all residents of Buckhurst Hill and we very much would like anyone with new ideas for Community events to let us know via the Parish Council Office in Buckhurst Hill Library.

*Cllr Jo Share-Bernia*

### From the Chairman *cont'd*

respective efforts in helping to make the event a success.

You will also note that on April 22nd we will be staging another one of our Community Cinema events, where we will be showing "The Jungle Book" at 3pm in the afternoon and "The Lady in the Van" at 7pm in the evening. Tickets are available by emailing the Parish Office on [film@buckhursthillpc.gov.uk](mailto:film@buckhursthillpc.gov.uk) or by telephone on 020-8498-9933. Viewing is free to Buckhurst Hill residents and their children.

Finally, may I take this opportunity, on behalf of the whole Parish Council, to wish all residents a Happy Easter and look forward to writing to you again in our Summer edition.

## From the Clerk

Spring is the time of year when the garden comes to life and you think about all the jobs to be done; the grass cutting, the pruning, hedge trimming, weeding etc. So it is for us in the Parish Council Office. It's the time of year that we review the tasks we have over the year ahead, start planning our approach to each task and then delivering on them.

We will be progressing more work on the Neighbourhood Plan from now through the spring and summer, as well as setting up a SpeedWatch scheme for Buckhurst Hill and the launch of a new Website. We also have the Parish Assembly and Annual Council in May to plan for as well as our Community Cinemas in April, the Older Persons Forum/Winter Warmers event plus the 2017 "Christmas in Queens Road" and other Christmassy events in November and December. When you factor in our day-to-day routine jobs, there's quite a lot of work for us to cover over the next twelve months.

More recently, there have also been some encouraging developments on the possibility of acquiring the services of a Special Constable for Buckhurst Hill. This is covered in more detail in the Chairman's report.

Finally, may I wish everyone a really happy Easter and hope that we will have a really sunny springtime.

# THE PARISH COUNCIL 2016/2017

**Council Chairman: Cllr Mr Neville Wright    Council Vice Chairman: Cllr Mr Bobby Nagpal**

### FINANCE & ESTABLISHMENT COMMITTEE

Cllr Mr B Nagpal (Chairman)  
Cllr Miss G Reynolds (Vice Chairman)  
Cllr Mr S Clark  
Cllr Mr S Neville  
Cllr Mrs S Patel  
Cllr Mrs J Share-Bernia

### PLANNING & ENVIRONMENT COMMITTEE

Cllr Mr K Williamson (Chairman)  
Cllr Mrs S Patel (Vice Chairman)  
Cllr Mr S Clark  
Cllr Mrs J Forker-Clark  
Cllr Mr B Nagpal  
Cllr Mr S Neville  
Cllr Miss G Reynolds  
Cllr Mr N Wright

### ACCOMMODATION COMMITTEE

Cllr Mr N Wright (Chairman)  
Cllr Mr B Nagpal (Vice Chairman)  
Cllr Mrs S Patel  
Cllr Miss G Reynolds  
Cllr Mrs J Share-Bernia  
Cllr Mr K Williamson

### PERSONNEL COMMITTEE

Cllr Mr N Wright (Chairman)  
Not elected (Vice Chairman)  
Cllr Mrs S Patel  
Cllr Miss G Reynolds

### CLERK TO THE COUNCIL

Mr Kevin O'Brien

### RESPONSIBLE FINANCE OFFICER

Mrs Val Evans

### RECREATION & COMMUNITY COMMITTEE

Cllr Mrs J Share-Bernia (Chairman)  
Cllr Miss G Reynolds (Vice Chairman)  
Cllr Mrs J Forker-Clark  
Cllr Mr B Nagpal  
Cllr Mr S Neville  
Cllr Mr N Wright

### NEIGHBOURHOOD PLAN COMMITTEE

Cllr Mrs S Patel (Chairman)  
Cllr Mr K Williamson (Vice Chairman)  
Cllr Mr S Clark  
Cllr Mrs J Forker-Clark  
Cllr Mr B Nagpal  
Cllr Mr S Neville  
Cllr Miss S Watson  
Cllr Mr K Williamson

### Councillor's Surgery –

if you would like to see a councillor, they are available before meetings by appointment. To arrange an appointment, please contact the Parish Office: 020 8498 9933 / [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)  
If the matter is urgent please contact the Parish Office.



## News from Epping Forest District Council – Cllr Steven Neville

Since I wrote last the Local Plan consultation has concluded. There were numerous responses from Buckhurst Hill, no doubt due to publicity and heavy leafleting in the areas affected. There was a well-attended public meeting at the library put on by the Parish Council where over a hundred people came to make their point of view known to councillors. I am working hard to see what changes can be made before final submission.

Other items that I am also working on are detailed below.

Since the last magazine a motion went to Full Council at Essex County Council regarding reversing the changes as to who would be let in to the waste disposal site in Luxborough Lane, amongst other sites across the county. This was voted down. So in the near future, at least, we are stuck with the changes.

One issue that comes up time and time again is parking. When the original parking review in 2006 happened in Buckhurst Hill, Walnut Way and Station Way were left out and suffered with commuter parking. In the last review restrictions were brought in which cleared the commuter parking but which were unpopular with a number of residents due to the timings of the restrictions. However changes are soon to happen which will give more flexibility to residents and the shops. A consultation has to happen first but it will almost certainly take place. Blackmore Road also has problems at its junction with Loughton Way with people parking at the junction and making it dangerous. The Portfolio Holder at EFDC is hopeful this will be considered by the North Essex Parking Partnership meeting in October. Lower Queens Road, at the very top, is having parking restrictions brought in to allow residents a better chance of getting a place to park. This initially left people in Sycamore House but it is understood that they are to be included. Beyond that is the problem further down the road with commuters parking and right at the bottom, and in the roads nearby such as The Windsors and Cascade Road which is a problem to do with parking around school opening and closing times. This is not an easy problem to solve as 80% support is needed for any parking restrictions that are brought in and whilst I might get that in an individual road to support a parking scheme I would not get the entire estate to agree to one which makes life difficult. I am looking to other ways of addressing these problems. I'm currently getting the path between Hornbeam Close and Lower Queens Road resurfaced in order for people more people to walk their children to school and am looking into other solutions into how to make life easier for the residents around these times. As the spring starts to appear I appeal to parents to try and walk your children to school if you do not already.

[cllr.stevenjsneville@gmail.com](mailto:cllr.stevenjsneville@gmail.com)



## News from County Cllr Valerie Metcalfe

Thank you so much to all of you who returned my last survey asking you about which issues locally concern you most. There were a number of varying responses, all of which I have taken on board, but some were District Council related, which I have passed on. A number were really matters which the police should be addressing I know they are trying to increase their local community policing

The majority of my post box issues are Highways related – one of which concerns drivers speeding along our roads at all times of the day and night. This particularly applies in Buckhurst Way where I have commissioned a speed survey but also amongst others along Loughton Way and Forest Edge. I have asked our community police to give this some attention.

There is an increasing appetite for more residents' parking schemes or restricted parking and I have regular meetings with our local Highways Liaison Officer to discuss what can be done to ameliorate our problems. I am actively involved in plans for Stradbroke Grove, The Meadway and Amberley Road but as soon as one plan is pursued then other roads also need protecting, such as Palace Gardens or Scotland Road. I am also trying to change the current regulations regarding dropped kerbs for roads such as Walnut Way or Princes Road to help residents park their cars off the roads.

Please continue to let me have your views on matters which concern you – I need to know what you think, even if I can't always give you the answers you want.

[cllr.valerie.metcalfe@essex.gov.uk](mailto:cllr.valerie.metcalfe@essex.gov.uk)

## From District Cllr Gavin Chambers

Dear Resident,

I cannot believe it's almost a year since you re-elected me for a second term on Epping Forest District Council. I can't believe it's over four years since I was Chairman of the Parish Council. I am pleased to report the new Parish Chairman, councillors and let's not forget the staff are doing a terrific job.

I have been extremely busy getting on with the district job. I am now Chairman of planning in the south and Chairman of the standards board.

I have also been made a representative of a new group called Epping Forest Local Liaison group. If you have any issues about Knighton Wood / Lords Bushes or any part of the forest please let me know. I am pleased to tell you I have already supported consultation from the City of London on how we manage deer in the forest.

I want to hear from residents on the best way forward. Contact me directly on [Gavin.chambers@chambers-training.com](mailto:Gavin.chambers@chambers-training.com)

Best Wishes, Cllr Gavin Chambers (Buckhurst Hill West)



**BUCKHURST HILL**  
village forum  
supporting business & residents

## Buckhurst Hill Village Forum

Most of us would say we want our village centre to be a vibrant and bustling place, with lots of little shops for browsing, places to sit, have coffee and watch the world go by, as well

as have enough variety of shops that there is little need to go anywhere else to get what we want. With over 100 shopfronts on Queens Road alone, our area has a huge potential to be an even greater place to visit, to shop and to live in, becoming a more enviable enclave on the Central Line than it already is!

But we know it can be better. Each year for the past few years, we've seen too many businesses close, faced with the prospect of steep rents and ever-increasing business rates. The Buckhurst Hill Village Forum is working with local businesses and Epping Forest District Council to do what we can to improve our area but you can help too – simply by going out of your way to use the businesses we already have in order to attract further investment in our high street.

If you want to protect the unique and independent character we have, make an effort to go into shops you might not have visited before, get to know the business owners that make up this community. Walk to your local shops instead and check what you need isn't already here instead of driving to Westfield. You will be pleasantly surprised if you try!

And think: if we don't use what we have, we'll lose it, and that will be the greatest shame. Don't let BH become a village full of shuttered shopfronts.

Follow us on facebook: @buckhursthillvillageforum

## BUCKHURST HILL HORTICULTURAL SOCIETY

As winter is coming to an end we look back at the enjoyable series of talks we have had, and look forward to our Shows. The first two will be the

**SPRING SHOW 8th APRIL**

and then the

**SUMMER SHOW 8th JULY**

Details for both as follows: Time 2.00-4.30

Venue: Centenary Hall, St. John's Church, High Road, Buckhurst Hill

Free entry to members, £1-00 for non-members

Good Parking Facilities.

Teas, home-made cakes, plants for sale, stall selling a variety of garden sundries. All visitors welcome.

There is always a wonderful display of flowers, shrubs, fruits, flower arrangements, cookery and children's classes. In the Spring Show the daffodils take centre stage, and in the Summer Show the sweet peas fill the room with their wonderful perfume.

We are always ready and willing to give help and advice to any horticultural problems you may have.

We look forward to seeing you at one or both of our shows. Let's hope we have a good growing season again this year.

If you would like more information about the Shows or the Society please don't hesitate to contact either

**Maureen: 020 8504 8436 or Jill: 020 8257 8996, or visit our website: bhhortsoc.co.uk**

## Useful numbers

### COUNCIL, SUPPORT & ADVICE SERVICES

Buckhurst Hill Parish Council	020 8498 9933
Epping Forest District Council	01992 564 000
Buckhurst Hill Library	020 8504 0810
Education/Welfare	0345 606 1212
Registrar of Births,	
Deaths & Marriages	0345 603 7632
Social Services	0345 603 7630
Essex County Council	0345 743 0430
London Borough of Redbridge	020 8554 5000
London Borough of Waltham Forest	020 8496 3000
Citizens Advice Bureau	0344 477 0808
Department of Work & Pensions	0345 6060265
Samaritans	116 123
Child Line	0800 1111
NSPCC	0808 800 5000
Age UK	01245 346 106
Rape Crisis Centre	01296 392 468
Epping Forest Careers Centre	020 8508 4110
Epping Forest Volunteers Bureau	01992 564 424
Epping Information Centre	01992 564 288
Epping Forest Countrycare	01992 788 203
NHS	111 111
The Willows Centre	
(Counselling room at St Stephen's Church, Alfred Rd)	
Support for unplanned pregnancies, free pregnancy testing,	
confidential care and advice, free counselling	
For advice and appointments	0800 121 4898
<a href="http://www.willowscentre.org">www.willowscentre.org</a>	
Affiliated to CARE Confidential –	
National Helpline	0800 1214898
<a href="http://www.careconfidential.com">www.careconfidential.com</a>	
Red Cross	0300 456 1155
FloodLine	0345 988 1188
Essex County Fire & Rescue	01376 576 000
<b>LOUGHTON STROKE CLUB</b>	
Every 2nd and 4th Tuesday	
of the month (except August) at 2.00pm	020 8508 0054
<b>MOTOR NEURONE</b>	
Meetings held at the Woollard Centre	
<b>VOLUNTEERS REQUIRED</b>	
National helpline	01604 250 505
– for people with MND and their carers	
<b>ALZHEIMERS SOCIETY</b>	01279 427522
<b>HOSPITALS</b>	
St Margarets	01992 902 010
Princess Alexandra	01279 444 455
Whipps Cross	020 8539 5522
King George	020 8983 8000
Newham General	020 7476 4000
The Holly Private Hospital	020 8505 3311
Roding Spire (private)	020 8551 1100

### GPs

Kings Medical Centre	020 8504 0122
Palmerston Road Surgery	020 8504 1552
River Surgery	020 8504 7364

### CLINICS

Buckhurst Hill Clinic	020 8504 0405
Marie Stopes Fairfield Clinic	0345 300 8090

### DENTISTS

Gill, Patel & Anand	020 8504 9393
Queens Dental Practice	020 8505 8008
Valley Dental Practice	020 8504 5787
White House Dental Surgery	020 8504 9393

### NURSING HOMES

Forest Place	020 8505 2063
Queens Court	020 8559 0620

### COMMUNITY GROUPS

Chabad Lubavitch – Jewish Community Centre	020 8554 1624
Details: Rabbi Brandman	<a href="http://www.chabadonthehill.co.uk">www.chabadonthehill.co.uk</a>
Ilford Hindu Centre	020 8553 5471 or 020 8478 6049

### SCHOOLS

Buckhurst Hill County Primary	020 8505 7300
St John's C of E School (Primary)	020 8504 2934
Braeside School (Private)	020 8504 1133
The Daiglen School (Private)	020 8504 7108
Loyola Preparatory School (Private)	020 8504 7372
Chigwell School (Public)	020 8501 5700
Bancroft School (Public)	020 8505 4821
West Hatch High School	020 8504 8216
Roding Valley High School	020 8508 1173

### NURSERY SCHOOLS

Buckhurst Hill Baptist Pre-School	020 8505 9299
Asquith Nursery	020 8501 1085
Queens Pre-Nursery	020 8505 0005

### ADULT EDUCATION

Buckhurst Hill Community Association	020 8504 6668
Epping Forest College Loughton	020 8502 0186

### ESSEX POLICE

Non-emergency	101
Emergency	999
Chelmsford (HQ)	01245 491491

### YOUTH ORGANISATIONS

Air Training Corps	020 8505 3353
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### TRAVEL INFORMATION

Stansted Airport	0844 335 1803
Gatwick Airport	0844 335 1802
Heathrow Airport	0844 335 1801
Luton Airport	01582 405 100
TFL Customer Services	0343 222 1234
National Railways Enquiry Line	03457 484 950
City Link (bus & coach)	08712 663 333
Kentish Bus & Coach (Arriva)	01274 681 144
Metrobus	01293 449 191
National Express	0871 781 8181

### ANIMAL WELFARE

Palmerston Veterinary Group	020 8505 1435
RSPCA (Veterinary Advice Line)	03001 234 999
Chestnut Cat Sanctuary	01992 560 510

### PUBLIC UTILITIES

British Gas	0800 048 0202
Emergency Line	0800 111 999
Thames Water	0800 980 8800
Leak Line	0800 714 614
EDF Energy	0800 056 7777
Emergency Line	0800 028 0247

### SPORTS FACILITIES

Bancroft Rugby Football Club	020 8504 0429
Buckhurst Hill Cricket Club & Lacrosse	020 8504 5652
Buckhurst Hill Bowling & Lawn Tennis	020 8504 0780
David Lloyd Centre	0345 129 6783
Epping Sports Centre	01992 564 564
Essex School of Swimming	07772 108 855
Loughton Leisure Centre	01992 564574
Roding Valley Cricket Club	020 8506 1001
Roding Valley Tennis Centre	020 8505 4008

### MINI CAB SERVICES

Mason Car Services (Woodford Green)	020 8504 1685
Mayflower	020 8502 1111
Buckhurst Hill Cars	020 8505 1111
Woodford Radio Cars (Chingford)	020 8559 1111

### CHURCHES

St John's/St Stephen's	020 8506 2150
Buckhurst Hill Baptist	020 8559 0222
St James United Reform	020 8505 0300

### BUCKHURST HILL VILLAGE FORUM

(formerly Town Centre Partnership)	020 8559 0529
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## Buckhurst Hill Parish Council

165 Queens Road, Buckhurst Hill, Essex IG9 5AZ

tel: 020 8498 9933 email: [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)

web: [www.buckhursthillpc.gov.uk](http://www.buckhursthillpc.gov.uk)



# Dates

## for your diary

### ...and local organisations

#### BH PARISH COUNCIL

Meetings held at Buckhurst Hill Library, 165 Queens Road

##### ■ THURSDAY 30 MARCH

7.00pm Planning & Environment Committee

8.00pm Full Council

##### ■ THURSDAY 20 APRIL

7.00pm Planning & Environment Committee

8.00pm Accommodation Committee

##### ■ THURSDAY 4 May

7.00pm Planning & Environment Committee

##### ■ THURSDAY 11 MAY

7.00pm Parish Assembly

This year's **Parish Assembly** will take place on  
**THURSDAY 11 MAY at 7.00pm**  
in the Library

It isn't a council meeting but is a more relaxed meeting for local residents; an opportunity to meet councillors, ask questions and even put forward ideas for future projects. Local organisations are invited to give reports on their activities and we hope to have a speaker from Carers UK, the Chairman's Charity for this year.

Further details will be available on the website  
and notice boards nearer the time.

All residents are welcome and we look forward to meeting you.

##### ■ THURSDAY 18 May

7.00pm Planning & Environment Committee

8.00pm Recreation & Community Committee

##### ■ THURSDAY 25 May

7.00pm Annual Council

Details correct at the time of going to print but may be subject to change for Statutory/Policy requirements.

Further information from the Parish Office: 020 8498 9933 or our website [www.buckhursthillpc.gov.uk](http://www.buckhursthillpc.gov.uk)

#### AGE CONCERN BH

Information and advice on a variety of topics related to the elderly.  
Further details: Hon Secretary Mr D Lindsey 020 8262 2259

#### ALZHEIMERS SOCIETY

Thursdays 10am – 12.30pm Keeping Active...Together

Thursdays 1 – 3.30pm Active Minds

The Quakers Meeting House, Hemnall Street, Epping

Local dementia support team: 01371 872658

#### BH BAPTIST CHURCH

Corner of Palmerston Road/Westbury Lane. Lighthouse Coffee Shop  
open Monday-Thursday 8.30am-4.30pm, Friday 8.30am-2.30pm.

Sunday Morning Service 10.30am with children's activities

More events on the website

General enquiries: 020 8559 0222 [www.bhbc.org.uk](http://www.bhbc.org.uk)

#### BH BOWLING AND LAWN TENNIS CLUB

Great for exercise and fun. The outdoor bowls season extends until early October and the tennis courts are in use all year round.

Coaching for all ages is available.

For further details contact

Bowls – Madeleine Davis [bowls@bhbltc.co.uk](mailto:bowls@bhbltc.co.uk) or 020 8504 4057

Tennis – Brigid Leworthy [tennis@bhbltc.co.uk](mailto:tennis@bhbltc.co.uk) or 020 8554 6528

Website: [www.bhbltc.co.uk](http://www.bhbltc.co.uk)

#### BH COMMUNITY ASSOCIATION

Your local centre for lifelong learning – over 80 classes in art, craft, and leisure activities. Brochures or further details available from the Parish Office, local libraries, or BHCA itself: 020 8504 6668, email

[office@bedfordhouse.org.uk](mailto:office@bedfordhouse.org.uk) or visit [www.bedfordhouse.org.uk](http://www.bedfordhouse.org.uk)

Registered Charity No. 301268

#### BH FOOTBALL CLUB

More information: [www.buckhursthillfootballclub.org.uk](http://www.buckhursthillfootballclub.org.uk)

@buckhursthillfc or [www.facebook.com/buckhursthillfc](https://www.facebook.com/buckhursthillfc)

#### BH HISTORICAL SOCIETY

Meetings take place in the lounge at Buckhurst Hill Baptist Church, Palmerston Road (entrance: Palmerston Road side door)

For Information please contact:

020 8504 1799/020 8504 2844/020 8532 0593.

#### BH HORTICULTURAL SOCIETY

Saturday 8 April 2-4.30pm Spring Show

Saturday 8 July 2-4.30pm Summer Show

Centenary Hall, St John's Church, High Road, Buckhurst Hill.

More details on page 5.

Further information from Maureen 020 8504 8436 or Jill 020 8257 8996

#### BH LEISURE GARDENS ASSOCIATION

The Association manages local allotments on behalf of the Parish Council at Lower Queens Road, Forest Edge, Monkham, Palace Gardens and River Housing (Boxted Close)

Contact Mrs Mary Cowling 020 8505 5675 for availability of plots.

#### BH RESIDENTS SOCIETY

Meetings held at St James' United Reformed Church, Palmerston Road. Non-members are very welcome to attend.

Further information from:

Website: [www.buckhursthillresidents.co.uk](http://www.buckhursthillresidents.co.uk)

Email: [enquiries@buckhursthillresidents.co.uk](mailto:enquiries@buckhursthillresidents.co.uk)

Correspondence: c/o Broomes Newsagents, 34 Queens Road IG9 5BY

#### BH ROYAL BRITISH LEGION

7.45pm on the first Tuesday of each month at St James' URC Church, Palmerston Road. For more details contact the Chairman, Stephen Goddard on 020 8505 2570.

#### BH U3A

2nd Thursday of every month at Roding Valley Hall, Station Way.

Membership Secretary Christine Slade: 020 8505 1005

<http://u3asites.org.uk/buckhurst-hill/welcome>

#### BH VILLAGE FORUM

For traders and stakeholders in Buckhurst Hill. See also page 5.

@buckhursthillvillage [Buckhursthillvillageforum@gmail.com](mailto:Buckhursthillvillageforum@gmail.com)

#### CHABAD JEWISH CENTRE

Chabad Buckhurst Hill is a Jewish Community Centre and Synagogue serving the local community and wider West Essex

For more information or to contact the Rabbi –

see [www.chabadonthehill.co.uk](http://www.chabadonthehill.co.uk)

## EPHING FOREST & DISTRICT STAMP CLUB

Meetings take place on the 2nd Tuesday of the month at 7.30pm  
Roding Valley High School, Alderton Hill, Loughton.  
For more details contact Roger Pearce 020 8281 1386.

## GOLDEN YEARS CLUB

Tuesdays 1-3.30pm St James's United Reformed Church, Palmerston Road, Buckhurst Hill. Members and Visitors – £2 per session.  
For more information telephone Janice Curd 020 8505 2384.

## HAZELWOOD CHILDREN'S CENTRES

Delivers services to children and families of under-5s across Waltham Abbey and Buckhurst Hill. We work out of the Buckhurst Hill Library and the Woollard Centre offering 1:1 family support, storytime sessions, baby groups, baby yoga and massage. Please contact us on 01992 809059 or on [www.spurgeons.org](http://www.spurgeons.org) or search Hazelwood Children's Centre on Facebook.

## NATIONAL TRUST WOODFORD GREEN CENTRE

Join your local centre for £10 per year and enjoy talks and outings. Visitors £3.00. Enquiries 020 8508 9541  
Evening meetings at Trinity Lower School, Sydney Road IG8 0TB  
Afternoon meetings at All Saints Church, Inman's Row IG8 0NH  
[www.nationaltrust.org.uk](http://www.nationaltrust.org.uk)

## RODING PLAYERS ORCHESTRA

This enthusiastic group of musicians meets weekly on Monday evenings. 7.30pm at Roding Valley High School, Loughton, Essex  
New members welcome  
For more details [www.rodingplayers.co.uk](http://www.rodingplayers.co.uk)

## RODING REEL CLUB

Every Thursday 7.45pm at St John's Church Hall, High Road  
Friendly Scottish Dance Group. Come by yourself or come in a group, we'll teach you to dance. For more details contact Pat 020 8529 1300.  
[patsdharvey@btinternet.com](mailto:patsdharvey@btinternet.com) [www.rodingreelclub.com](http://www.rodingreelclub.com)

## ST JAMES' UNITED REFORMED CHURCH

Palmerston Road. Sunday Morning Service – 10.30am  
All welcome. [www.forestgroupurc.org.uk](http://www.forestgroupurc.org.uk)

## ST JOHN'S CHURCH

High Road, Buckhurst Hill. Sunday services – 8.45am and 10.45am  
7pm informal worship. Everyone welcome!  
Regular Events & Community Life: Church Lunches, Friday Coffee Mornings, Senior Men's Fellowship, Men's and Ladies' meals, Ladies Social, Pre-school Children and their Carers, Mothers' Union, Bereavement and Support Group  
For further information, telephone 020 8506 2150. [www.sjbh.org.uk](http://www.sjbh.org.uk)

## WEST ESSEX RAMBLERS

As a member of the Ramblers' Association, our Group offers a wide range of facilities. We are a friendly group. Come along on some of our walks to see if you would like to join.

Contacts: General Enquiries – John Francis 020 8527 3938  
or John Juchau 020 8502 1628

Membership Enquiries: John & Frances Fogelman Tel: 020 8529 1129  
[www.westessexramblers.org.uk](http://www.westessexramblers.org.uk)

## WOMEN'S INSTITUTE

Meetings 3rd Wednesday in each month (2nd Wednesday in December)  
7.30pm St. James's United Reformed Church, Palmerston Road  
For more information contact the Secretary Elizabeth Stearn 020 8504 6634

# WOODFORD SYMPHONY ORCHESTRA

is one of the leading amateur orchestras serving East London and South-West Essex. It was formed in 1963 and this friendly group of musicians has presented public concerts on a regular basis ever since.

The Orchestra rehearses every Thursday between 7.45pm and 9.45pm in the Dining Hall of Roding Valley High School, Loughton.

New string players welcomed.

[www.WSOchestra.org.uk](http://www.WSOchestra.org.uk)  
or telephone  
020 8924 9370/020 8519 6491

**Next Concert:**

**Saturday June 24th 7.30pm**

Great Hall, Roding Valley High School –

**'Music for Midsummer's Day'**

## REGULAR HALL HIRERS

For further details please contact the hirer direct

### Roding Valley Hall

### Woollard Centre

#### Mondays

**Tumble Tots** 020 8559 0617  
**Weight Watchers –**  
0845 602 7076

**Sing & Sign** 07834 728415  
**Ichthus After School** 07946 322835  
**Trodai Academy** 07900 162 515

#### Tuesdays

**Tumble Tots** 020 8559 0617

**Toddler Sense** 07715 305471  
**Ichthus After School** 07946 322835  
**Trodai Academy** 07900 162 515

#### Wednesdays

**Tumble Tots** 020 8559 0617

**Good Success Assembly**  
**Tai Chi** 07967 666 794

#### Thursdays

**U3A** 020 8505 1005

**Baby Sensory** 07753 605 850  
**Ichthus After School** 07946 322835  
**Milli's Movements** 07572 722046  
**Slimming World** 07960 603621

#### Fridays

**Ichthus After School** 07946 322835

#### Saturdays

**Redbridge Classical Dance Studios (Ballet and Tap classes) –** 020 8488 3066

**CA (Cocaine Anonymous)**  
07833 096318

#### Sundays

**Roding Valley Church**

**Good Success Assembly**

Information correct at time of going to press. We would remind readers to contact organisations to confirm precise details. Please mention the Magazine when contacting organisations,

Organisations – are your details correct?

If not, let us know on 020 8498 9933



On Tuesday 16th January, 125 ladies gathered at the Chabad Jewish Community Centre for a Cancer Awareness and Fundraising Dinner. The evening was a partnership between Chai Cancer Care and Chabad Buckhurst Hill to both raise money for both charities and awareness of their services. Chai is a charity that helps individuals and families, suffering with cancer, to feel cared for and never simply left alone.

Chabad Buckhurst Hill was magically transformed into a stunning banqueting suite by a dedicated team of local volunteers and after the meal, which was all prepared in-house, guests were enthralled by Louise Hager, Chair of Chai Cancer Care, who inspired the diners with her work, enlightening many who were unaware that there was such a professional service within the community, not only for those suffering with cancer but for their families too. A young harpist, 14 year old daughter Chanale of Rabbi & Mrs Brackman of Chabad Oxford, entertained the crowd with her amazing talents. A raffle helped raise money for the two charities with all prizes also being donated by local supporters.

Chai means life and it is clear that Chai Cancer Care is an outstanding example of where Jewish values can combine with the latest medical advances to enable hope; this is also the spiritual message that is conveyed by Chabad making for a perfect partnership. The evening was in tribute to the late mother of Mrs Henny Brandman, who passed away from cancer 3 years ago and was a shining example to all of what dedication to community means.

Rabbi Brandman stated that the evening was "the greatest example of where Jewish values can really make a difference", and is proud that Buckhurst Hill Chabad is at the heart of the local community. Chabad runs events throughout the year, and a look at their website – [www.chabadonthehill.co.uk](http://www.chabadonthehill.co.uk) – will give you all the details.



## Royal British Legion, Buckhurst Hill branch

In July 2015 the Royal British Legion branch in Buckhurst Hill sponsored a walk that two of its members attended: one in the event and one supporting our member Jeff Curd along with three friends. One of whom he had served with took on the Gurkha endurance walk. This was to support the Gurkha Welfare Trust that the branch has close links with. The challenge was to walk 60 miles across the South Downs in 30 hours. Out of the four in the team three finished, one had to retire due to injury. Overall the team raised over £2000 that went to support the Gurkhas and their families, and it was a great honour to have completed the challenge. Each member that completed the course was given a pashmina scarf as a mark of respect and a medal. The local branch helped support this.

This year the Royal British Legion in Buckhurst Hill is supporting another charity walk and this time Jeff supported again by his wife Janice, both members of our branch, have got together 2 teams – one raising funds for the Royal British Legion to support our servicemen and women along with their families, and the other team will be raising funds for Kidney Research. In this team will be Jamie Osman who had a kidney transplant last year and his uncle who donated it, you can read their story on the site below. Jamie is a local resident. Both teams will be taking on this challenge together and will be travelling to France at their own expense so that every penny raised goes to the charities. They will be walking 60 miles from Ranville to Carentan along the D Day beaches between 2 and 6 June 2017.

Please support them in this event; below are the details for both charities and also the web address for the Royal British Legion in Buckhurst Hill who are always looking for new members so that we can do further fund raising events.

These sites give you further details about our trek and the cost of sacrifice on D Day

[www.justgiving.com/jeff-curd?utm\\_source=Sharethis&utm\\_medium=fundraisingpage&utm\\_content=jeff-curd&utm\\_campaign=pf-p-email](http://www.justgiving.com/jeff-curd?utm_source=Sharethis&utm_medium=fundraisingpage&utm_content=jeff-curd&utm_campaign=pf-p-email)  
<https://mydonate.bt.com/fundraisers/jamieosman1>

Branch website – <http://branches.britishlegion.org.uk/branches/buckhurst-hill>

# Interested in Local History?

The Buckhurst Hill Historical Society is looking for new members.  
If you are interested in learning more about the Society  
and perhaps would like to take an active role, then please come along  
to an open meeting to take place on

Friday April 7th at 7pm in Buckhurst Hill Library.



## Pedal for The J's is back

On Sunday 30th April, Chelmsford's annual cycle ride, Pedal for The J's, returns to Admirals Park with a new route that even the youngest cyclist can enjoy.

It is the eighth year of this popular event and cyclists have a choice of four rides – 15, 35 and 50 miles through the beautiful Essex countryside plus a new 2 mile Pedal in the Park ride – so there is a route for everyone.

Pedal for The J's is organised by The J's Hospice charity which supports young adults with life-limiting conditions and their families in Chelmsford and across Essex, in the comfort of their own homes.

The charity added the new 2 mile ride for families with younger children. Events Manager Jessica Dellow explained: "Families love taking part in Pedal for The J's and our exciting new Pedal in the Park means that smaller children don't miss out on the fun! They can get on their bikes, trikes or scooters and enjoy a safe route with their parents through Admiral's Park to Central Park and then back again."

Around 1,000 cyclists are expected to take part. Staff at The J's Hospice are delighted that Beaulieu – the exciting new development on the outskirts of Chelmsford by Countryside and L&Q – has agreed to be the headline sponsor for Pedal for The J's for the third time.

Jessica added: "Thank you to everyone at Beaulieu for their fantastic support for Pedal for The J's and also to everyone who has taken part over the years and raised so much money in donations and sponsorship. We hope that, with the new Pedal in the Park, this year's event will be an even bigger success!"

Registration for the 15, 35 and 50 mile routes and the 2 mile Pedal in the Park is open now – go to [www.thejshospice.org.uk](http://www.thejshospice.org.uk) for more information.



## BH Residents' Society

Recently Buckhurst Hill was considered by The Times to be one of the top 10 places to live for commuting into London. It could mean more people trying to move into the area putting more value on our homes but it could also get a bit crowded. A real dilemma! There's nothing like an endorsement from a national paper to spoil things!

After some time, whether you are applauding or cursing The Times, perhaps it's best to think about our hometown as it is right now...

Where else can you be 11 miles from Aldgate Pump and yet live a stone's throw from a forest?

On the one hand we have the West End shopping, theatres and exhibitions, a quick trip on the Central Line and that's it you're there. On the other of course, you can stay local and enjoy individual shops and services in a pretty road with super restaurants and a wide choice of schools, clubs and activities.

We're close to Stansted and city airports but not bothered by low flying aircraft!

Really there is no surprise that Buckhurst Hill is so popular – but let's keep a protective eye on things.

Lords Bushes was protected from being built on by an act in 1878. It should be safe like the large open Roding Valley with its fishing lakes and paths but we also have Linders Field, given to Buckhurst Hill by Charles Linder in 1963 (the year the Society was formed). There are also many other little pockets of forest and open land free for us to enjoy and this is what prevents Buckhurst Hill from becoming an urban sprawl. These are Greenbelt and we'll always need to protect them. While we can totally understand why Buckhurst Hill is in the top 10, let's ensure it stays the lovely place it is!

Do join BHRS – [www.buckhursthillresidents.co.uk](http://www.buckhursthillresidents.co.uk)

Follow us on Facebook: [@bhresidentsociety](https://www.facebook.com/bhresidentsociety)

## BHCA 70th Events Continue

As part of the 70th birthday celebrations of Buckhurst Hill Community Association, its centre at Bedford House in Westbury Road

will be getting a new look courtesy of Artist-in-Residence Oonagh Dawson. Oonagh will be concentrating both on the history of the House and on BHCA's long association with art and craft. Shortly to be set up are displays of archive material, sound installations featuring members' memories, and new displays of the work produced by current students, all culminating in a bigger-than-ever annual Summer Exhibition and fete on July 1st.

As always, all are welcome to come along to that, and also to drop in to Bedford House and see the results of Oonagh's work. Also you are invited to join one of the Association's regular classes or one-day workshops in a wide variety of subjects – for more information pick up BHCA's brochure at the library, phone 020 8504 6668, visit [www.bedfordhouse.org.uk](http://www.bedfordhouse.org.uk) or email [office@bedfordhouse.org](mailto:office@bedfordhouse.org)





# Emergency Care

Nothing quite prepares you for the call telling you a family member has been rushed into hospital. Hopefully they quickly recover and life gets back to normal. But sometimes your family member will need care, perhaps for the rest of their lives. How do you cope?

This is not professional advice but some pointers based on real life experience. Friends and colleagues in different parts of the country reported similar experiences. There was the simply outstanding assistance from the much maligned social services. At the other extreme a bank seemed intent on putting every obstacle in the way.

The most difficult immediate situation is where the person needs medical treatment but does not have the capacity to give consent. Generally the health professionals make the decisions, albeit seeking some insight from family members, unless your relative has made a living will or formally arranged for someone to have lasting power of attorney. The people with the lasting power of attorney can make decisions about your relative's health and care on their behalf.

The other area of difficulty is looking after the family member's property and finances. Often the simplest things present the greatest difficulty. Your relative's household bills still have to be paid but you won't be able to access their bank account. The bank will only accept

instructions from you if your relative has given you power of attorney. Even then it can take months as the bank will want to verify the power of attorney and verify your identity.

If the appropriate power of attorney is not in place your only option may be to apply to the Court of Protection to appoint a family member as a deputy so they may make decisions about your relative's personal welfare, property and financial affairs.

If the relative lived alone you need to consider the security of their property in their absence and it may be wise to contact the local police for advice.

So, at a time of emotional turmoil you easily find yourself dealing with the practicalities of arranging someone's future care and managing their finances while keeping on top of your other responsibilities. Some sources of help and advice are:

- The GP
- Employer if relative in employment
- Local authority – social services
- [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)
- Age UK
- [www.gov.uk/power-of-attorney](http://www.gov.uk/power-of-attorney)

This might be the time to make sure your family members know where to find contact details for your GP, bank and employer, and perhaps think about arranging powers of attorney. Just in case.

## Name the Green?

Later this year the Parish Council is to carry out some tree husbandry and improvement work on the Green Open Space at the corner of High Road and Beech Lane. The Parish Council would also like to give the Open Space a name and mark the completion of these works with a naming ceremony.

As a consequence the Parish Council would invite ideas for a fitting name for the area. (It has been suggested that perhaps a name with a Royal connection would be good.)

Any suggestions to:

**[office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)**

## COPY CLOSE DATES FOR FUTURE EDITIONS

Items are welcomed from local organisations, subject to space and may be edited.

Email to [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk)

### SUMMER –

Copy close:

Friday 16 June,  
delivery planned  
for week commencing  
Monday 17 July

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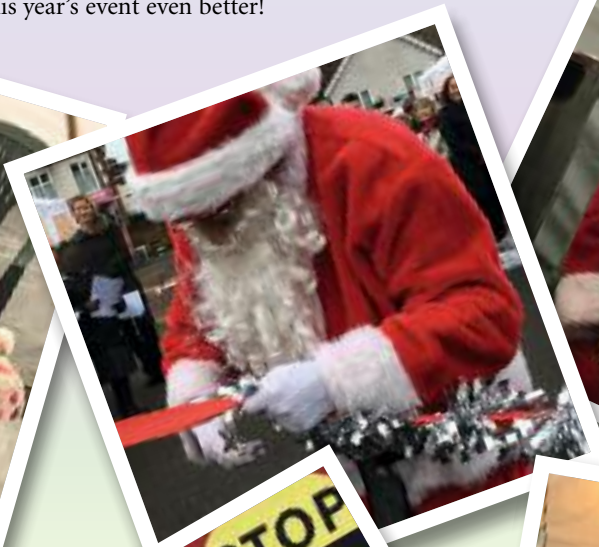


# Christmas

## in Queens Road 2016

This annual event was another great success enjoyed by visitors of all ages and we have received lots of very positive feedback as a consequence. We were pleased to work in partnership with the Residents' Society and Village Forum and are grateful to all of those who took part including local schools and traders. Father Christmas opened the event and Mother Christmas turned on the lights. We hope that you gain a flavour of the occasion from these photographs.

Feel free to email us on [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk) if you have any suggestions that would make this year's event even better!







# Library Volunteers

Come and help visitors to the Library on the Parish Council's 'Self Service' days. Volunteering has a meaningful, positive impact on our community and there are so many benefits for you too –

**Learn and develop new skills**

**Gain a sense of achievement and motivation**

**Boost your career options**

**Discover new interests and hobbies**

**Live new experiences**

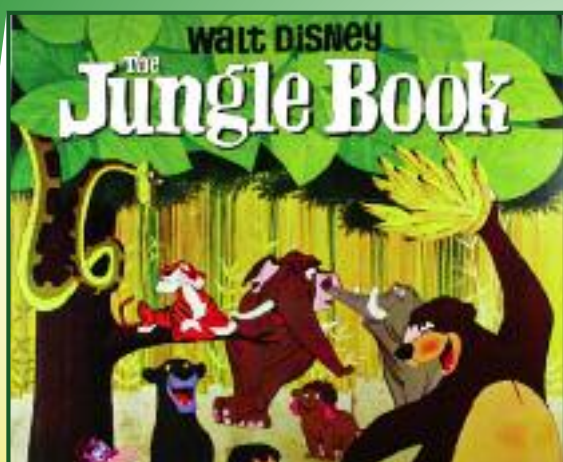
A regular commitment would be required but there is flexibility as long as you are willing to make a regular contribution

Find out more by contacting us on 020 8498 9933 or [office@buckhursthillpc.gov.uk](mailto:office@buckhursthillpc.gov.uk).



## BUCKHURST HILL PARISH COUNCIL PRESENTS COMMUNITY CINEMA

3.00PM



7.00PM



**Roding Valley Hall  
Saturday 22 April 2017**

**Free to all local residents but tickets must be booked in advance**

Snacks and Refreshments available to purchase

For further information and to book your tickets email [film@buckhursthillpc.gov.uk](mailto:film@buckhursthillpc.gov.uk) or call 020 8498 9933

**Donations for the Chairman's Charity - Carers UK will be gratefully received**